Worker Compensation Information

200 S. Spring St. (7th Floor)
PFD Building
Los Angeles, CA 90017

Phone: (213) 744-2980
Fax: (213) 744-2485

State of California - Department of Industrial Relations

Division of Workers' Compensation

Information & Assistance Office (OIA) / Employee Services

Purpose: The purpose of this form is to provide you with information about your worker's compensation case. Please read this form carefully before you sign it.

1. Your case number is 123-456-7890.
2. You have received a Notice to Employers - Notice of Injury (CA 5150). This form is used to notify employers of an injury sustained by an employee.
3. You need to report the injury to your employer within 30 days of the date of the injury.
4. The Notice to Employers - Notice of Injury (CA 5150) must be completed and submitted to the employer within 7 days of the employer's receipt of the Notice.
5. If you have any questions or need further information, please contact the Information & Assistance Office at (213) 744-2980.

Note to Employers: If you fail to complete and file this form within the required time frame, you may be subject to penalty charges.

(Additional forms and instructions may be available at the Department of Industrial Relations website: www.dir.ca.gov.)
Estrategia de California - Departamento de Salud e Instalaciones de Emergencias
review and possible investigations.

1-800-952-5225 The Attorney General will refer your call to the appropriate government authority for
investigation or enforcement if the California State Attorney General's Whistleblower Hotline at

How to Report Improper acts

Under California Labor Code Section 1125, it an employer retaliates against a whistleblower, the

4 An employer may not retaliate against an employee for having exercised his or her rights as a

3 An employer may not retaliate against an employee who is a whistleblower.

2 An employer from engaging in any form of employment discrimination.

1 An employer may not make adverse action with respect to a regulation of policy prevailing in an

What protections are afforded to whistleblowers?

A whistleblowers can also be an employee who refuses to participate in an activity that would result in a

1. Violation of a state or federal statute, regulation, or policy.

2. A violation of the terms of an employment or pieces of employment.

3. A violation of any written or unwritten condition of existing employment or pieces of employment.

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106 Public cooperation, public comment, or the University of California (California Labor Code Section

including any member of the County and any school district community college district, municipal or

Public employees by the state or any subdivision thereof, any County, city or county, any school district, community college district, municipal or

Employee means any employee employed by any state or state division, any county, city or county, any school district, community college district, municipal or

Public employees are the protected class of individuals.

Who is protected?

Not complying with a local, state or federal law or regulation when there is no reason to believe that improper behavior is occurring.

Providing information to and with any person with authority over the employee of another governmental law enforcement agency or department.

In order to comply with the State Authority's law enforcement policies.

The Division of Labor Standards Enforcement believes that the employee position below means the responsibilities of those